

SAMPLE

PROFESSIONAL DEVELOPMENT PLAN (Learning Contract)

LEARNING OBJECTIVES/OUTCOMES

Learning Objective 1: Demonstrate effective skills in working with *individuals*. This includes use through all phases of the problem-solving model: interviewing; assessment, planning, & goal setting; intervention; termination & transition; and evaluation.

LIST: Social work assignments & activities through which student will achieve objective.

Observe intakes

Interview clients and assess them from biopsychosocial perspective

Conduct social histories and write up summary

Observe and participate in client counseling sessions

Conduct home visits and write up observations

Assist in discharge planning and make appropriate referrals

Learning Objective 2: Demonstrate effective skills in working with *family systems*. This includes use through all phases of the problem-solving model: interviewing; assessment, planning, & goal setting; intervention; termination & transition; and evaluation.

LIST: Social work assignments & activities through which student will achieve objective.

Observe, and later participate in, family intakes

Contact or interact with family members of a client

Observe family therapy sessions

Conduct home visits and interview various members of family unit

Include family assessment as part of client social history

Make follow-up contacts with family members

Identify family roles and member goals in a family system

Learning Objective 3: Demonstrate effective skills in working with *group systems*. This includes use through all phases of the problem-solving model: interviewing; assessment, planning, & goal setting; intervention; termination & transition; and evaluation.

LIST: Social work assignments & activities through which student will achieve objective.

Observe and co-facilitate group sessions
Observe and identify group facilitation skills
Write notes on group interactions and dynamics during group sessions
Develop, plan, and implement a new group for program
Identify various group member roles and dynamics in group interactions
Initiate new members into open-ended groups

Learning Objective 4: Demonstrate effective skills in working with *organizational systems*. This includes use through all phases of the problem-solving model: interviewing; assessment, planning, & goal setting; intervention; termination & transition; and evaluation.

LIST: Social work assignments & activities through which student will achieve objective.

Become familiar with agency's policies and procedures
Attend agency staff meetings and/or treatment team meetings
Participate as team member with agency staff
Observe leadership styles in organizational setting
Assess organizational structure, informal and formal
Participate in problem-solving efforts to address changes and dynamics in agency setting
Become familiar with intra-agency connections and relationships

Learning Goal 5: Demonstrate effective skills in working with *community systems*. This includes use through all phases of the problem-solving model: interviewing; assessment, planning, & goal setting; intervention; termination & transition; and evaluation

LIST: Social work assignments & activities through which student will achieve objective.

Identify other agencies and services that interface with client systems
Interact and network with other agencies and resources
Attend community meetings
Become familiar with community in which agency is located (school system, political system, economic base of support, demographics of community, etc.)

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